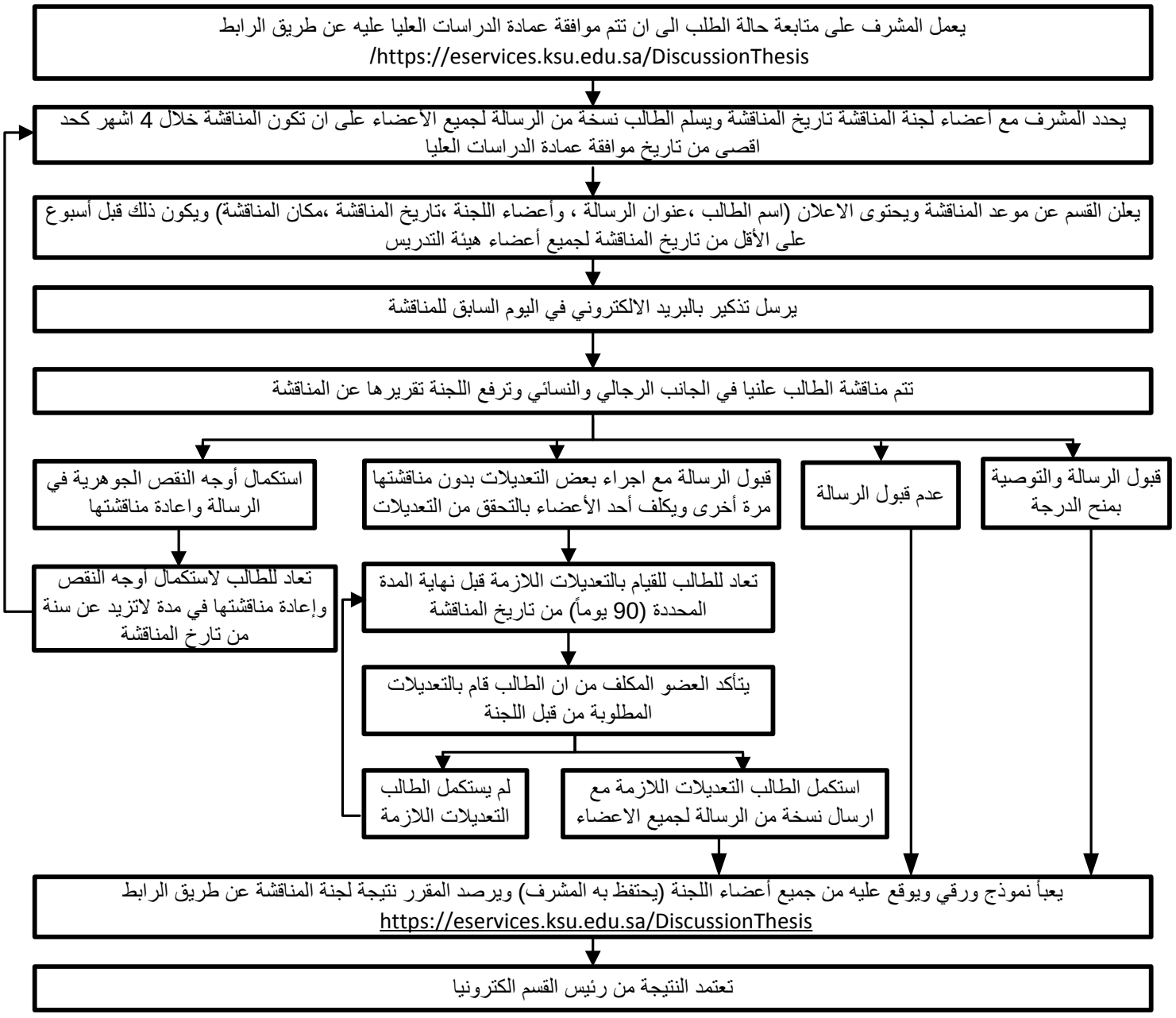مخطط لإجراءات مناقشة رسالة دكتوراه